ISC · CLASS 12 · PSYCHOLOGY

ISC Class 12 Psychology Guess Paper 2027

Time: 3 hours · Maximum marks: 70 · 29 questions

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Section A

Compulsory. Question 1 has fourteen subparts of one mark each: multiple-choice (scenario-based and P/Q/R/S statement selection), assertion-reason, and very short answer / analogy items. No internal choice.

Q1. Which of the following scenarios represents the bias, False Consensus Effect? 1 mark
(P) Riya is an environmentalist and actively practises waste management. She assumes that almost everyone she meets must be practising waste recycling.
(Q) Siddharth is a chain smoker. He is convinced that nearly 70% of adults in his city smoke, despite actual health department statistics showing the figure is closer to 18%.
(R) Karan is a singer. He believes that he is the only student in his class who knows the lyrics of a less popular 1970s rock song and is proud of his unique taste.
(S) Arjun is an avid fan of a local football team. He predicts that they will win the tournament based on his reading of sports blogs written by other fans of that team.
(a) Only (P) and (Q)
(b) Only (P) and (S)
(c) Only (Q) and (R)
(d) Only (Q) and (S)

Q2. According to the General Adaptation Syndrome (GAS) Model, which one of the following correctly matches the stage when stress is prolonged and becomes chronic? 1 mark
(a) The body prepares itself for immediate action to face the threat.
(b) Depending on the nature of the stress, the body takes control over the situation.
(c) The body prepares to face the threatening stimulus and becomes adaptive.
(d) The body fails to overcome the threat and depletes its physiological resources.

Q3. Rahul lost his grandmother at a young age to whom he was deeply attached. As an adult, he experiences persistent feelings of sadness and anxiety and struggles to interact with others. 1 mark
Which one of the following is the psychoanalytic perspective on Rahul's behaviour?
(a) Investigating his faulty thinking patterns
(b) Analysing his behaviour as a statistical rarity
(c) Exploring unconscious conflicts in early childhood experiences
(d) Examining biological factors such as brain chemistry or genetics

Q4. Client: "I feel that no matter what I do, it is never good enough for my parents. They always expect more from me."
Therapist: "It seems like you are feeling frustrated because your efforts are not being acknowledged the way you need them to be."
Which of the following approaches to counselling is being used by the therapist? 1 mark
(a) Authenticity
(b) Paraphrasing
(c) Positive regard for others
(d) Unconditional positive regard

Q5. Sarthak has a perennial fear of flying. To help him overcome his fear, the therapist teaches him to relax. They proceed through a series of steps that go from reading a story about an airplane, visiting an airport, boarding a plane and taking a short flight. 1 mark
Which one of the following techniques is exemplified here?
(a) Shaping
(b) Flooding
(c) Token Economy
(d) Systematic Desensitisation

Q6. Which one of the following situations illustrates Temperament? 1 mark
(a) Rohan follows a routine of checking his school bag every night before sleep.
(b) Ananya believes she is better at public speaking than at leading her team at workplace.
(c) Meera strongly believes in honesty and does not resort to dishonest means even when others do so.
(d) Kabir has been a calm and easy-going person since early childhood, rarely getting upset even in stressful situations.

Q7. Which one of the following scenarios demonstrates practical intelligence as proposed by Sternberg? 1 mark
(a) Arjun composes music and songs for his social media blog.
(b) Rahul uses logical reasoning to solve complex mathematical problems in his unit test.
(c) Neha travels to a new city and navigates her way through the place using her common sense.
(d) Riya analyses research problems and selects multiple hypotheses to determine the best outcome.

Q8. Shadab can confidently say 'no' to a request he cannot fulfil. He has high self-esteem and expresses his opinions without being self-conscious. 1 mark
Which one of the following skills is Shadab exhibiting?
(a) Assertiveness
(b) Positive attitude
(c) Rational thinking
(d) Mindfulness

Q9. Sudesh lost his job and is struggling to pay rent and buy groceries. He once dreamt of becoming a famous writer but has now set those goals aside, focusing entirely on finding any job to meet his daily expenses. 1 mark
According to Maslow's Hierarchy of Needs, which level is Sudesh currently focused on satisfying?
(a) Esteem Need
(b) Self-Actualisation Need
(c) Safety and Security Need
(d) Love and Belongingness Need

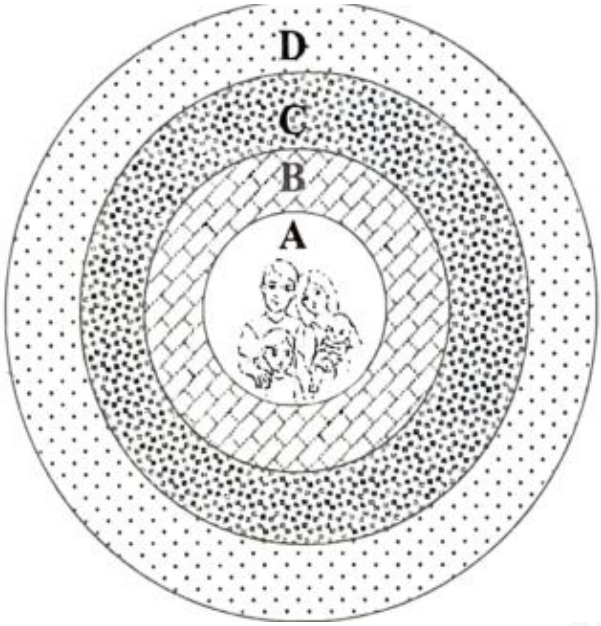
Q10. Given below are two statements marked as Assertion and Reason. Read the statements carefully and choose the correct option. 1 mark
Assertion: High density in a room does not always lead to the feeling of crowding.
Reason: Crowding is a subjective feeling of lack of adequate personal space in the presence of others.
(a) Both Assertion and Reason are true, and Reason is the correct explanation for Assertion.
(b) Both Assertion and Reason are true, but Reason is not the correct explanation for Assertion.
(c) Assertion is true but Reason is false.
(d) Both Assertion and Reason are false.

Q11. Given below are two statements marked as Assertion and Reason. Read the statements carefully and choose the correct option. 1 mark
Assertion: In early childhood phase, children assess an action in terms of physical consequences.
Reason: It is reflective of the conventional stage of obedience-punishment orientation of moral development.
(a) Both Assertion and Reason are true, and Reason is the correct explanation for Assertion.
(b) Both Assertion and Reason are true, but Reason is not the correct explanation for Assertion.
(c) Assertion is true but Reason is false.
(d) Both Assertion and Reason are false.

Q12. Mona arrived late for an important meeting. Her boss was angry and scolded her. She thought to herself, "If only I had woken up earlier, I would have reached on time." How has Mona used counterfactual thinking as a bias? 1 mark

Q13. Study the relation between the first two phrases / terms and complete the analogy. 1 mark
Melancholic : Ectomorph :: Sanguine : _____

Q14. Identify level 'B' of Bronfenbrenner's Ecological Systems Theory in the image given below. (Concentric circles labelled A (innermost, around the child), B, C, D (outermost).) 1 mark



Section B

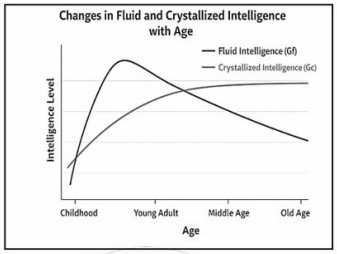
Seven short-answer questions of four marks each, mostly based on a case, source excerpt or graph. Five are answered as single four-mark questions and two are split into two-mark sub-parts. Internal choices are provided in three questions.

Q15. In a recent podcast interview, former footballer David Beckham openly discussed his daily rituals, including meticulously arranging candles, aligning lights, and ordering clothes in pairs and straight lines. He admitted to struggling with obsessive-compulsive disorder (OCD) and the overwhelming need for symmetry and cleanliness. (Source: The Guardian - Mabel Banfield-Nwachi, 28 Apr 2023)
Based on this, discuss the possible causes of David Beckham's obsessive compulsive disorder, citing both biological and psychological perspectives. 4 marks

Q16. [context: Figure (triangle in three parts): A - Aron is good at planning, monitoring and executing the tasks. B - Radha can innovate new things using given items in a unique manner. C - Saajid can apply his knowledge to everyday situations in life.]
Elaborate on any two characteristics each of A and C. 4 marks

Q17. Study the graph showing changes in Fluid and Crystallised Intelligences across different age groups. (Source: Cattell, R. B. (1963). Theory of fluid and crystallised intelligence: A critical experiment. Journal of Educational Psychology, 54(1), 1-22) 4 marks

Compare the developmental changes in Fluid Intelligence and Crystallised Intelligence from early adulthood into old age.

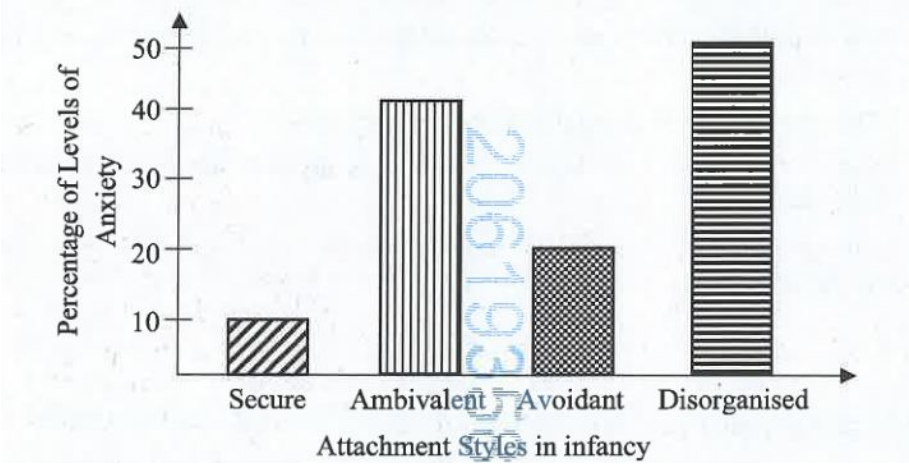


Q18. Priya, a teenager, is unable to make friends and struggles to express her thoughts clearly. The therapist suspects that there may be deeper emotional conflicts that Priya cannot articulate. She decides to administer a test of personality to uncover any psychological problem in Priya. She shows her a series of cards depicting human figures in unstructured situations and asks her to create stories based on each card. 4 marks

Discuss the administration of the type of projective technique used by the therapist to assess Priya's personality.

Q19. The graph given below represents the Attachment Styles in infancy and the percentage of anxiety levels associated with them. Study it carefully and answer the question that follows. 4 marks

Compare the Styles of Attachment during infancy as represented in the graph.



Q20. [context: A devastating flood in a coastal village caused loss of family and property and severe anxiety about the future; counsellor Dheeraj at a community support centre listened to the victims without judgment, feeling their pain as if it were his own.] 2 marks

Interpret the prominent counselling characteristic exhibited by Dheeraj in this scenario.

Q21. [context: Times of India headline image: 'Disasters inflicted deep wounds on the Himalayan communities: Youth for Himalaya' (Oct 15, 2023).] 2 marks
Predict any two possible psychological impact that natural disasters can have on the Himalayan community.


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Disasters inflicted deep wounds on the Himalayan communities: Youth for Himalaya

Neel Kamal / Oct 15, 2023, 18:09 IST 200 PTS SHARE AA FOLLOW US

Source: *https://timesofindia.indiatimes.com/india/disasters-inflicted-deep-wounds-on-the-himalayan-communities-youth-for Himalaya/ article show/ 104443795.cms*

Q22. [context: Ritesh, a high-ranking law-firm executive, is highly competitive and takes on multiple projects at once; on losing a major contract he blames the client for being 'unprofessional', and he loses his temper easily and shouts at subordinates over minor issues.] 2 marks
Interpret the personality type of Ritesh. How can it be detrimental to his heart?

Q23. [context: Soma did not like the birthday gift her close friend Kirti gave her but, not wanting to hurt Kirti, told her it was very thoughtful of her.] 2 marks
Describe the process used by Soma to change her own attitude.

Section C

Four long-answer questions of seven marks each. Two are single seven-mark questions with an internal choice; two are case / source based with a 3- or 4-mark sub-part each.

Q24. With reference to Solomon Asch's study on Conformity, explain the factors that affect conformity. 7 marks

Q25. Elaborate on types of Yoga and Meditation as effective techniques to reduce stress. 7 marks

Q26. [context: Uday Foundation announced free distribution of blankets for the underprivileged; a photograph shows an unexpectedly large number of people who turned up, causing chaos and discomfort.] 4 marks
Explain any four psychological effects of such large gatherings that happen suddenly.

Q27. [context: Fifteen candidates for Executive Manager were called individually for a conversation in round one, rated a list of statements on personality factors in round two, and in the final round worked in groups to overcome a problem situation, all observed by a panel of Directors.] 4 marks
Describe the types of behavioural analysis that were conducted on the candidates in the first and second rounds.

Q28. [context: First-person account: after completing medical school with great success, within two weeks the person could not finish work on time, had trouble concentrating, felt intense gloom and loneliness, could not sleep, and felt fatigued, worthless, slow and disorganised.]
Specify any three ways by which Rational Emotive Therapy (RET) can be used to help the patient recover from the psychological disorder. 3 marks

Q29. [context: Excerpt: gender is displayed in highly visible ways in childhood - girls aged 3-4 like dresses with glitter, pinks and ribbons, boys assert themselves as heroic play characters like Spiderman; both show 'gender rigidity', conforming to gender-stereotypical behaviours which shapes their identity in future.]
With reference to the above article, examine how play patterns displayed by boys and girls in early childhood impact their socio-emotional development. 3 marks

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